

FLEX FARM DATA LOG

Overall Flex Farm

Last Water Refresh Date: _____

Last Deep Clean: _____

Current Grow Cycle

Date Planted: _____

Target PPM: _____

Crop Varieties: _____

Target pH: _____

Date	PPM	pH	Notes

Reminders for Flex Farm Growers:

- Keep water tanks half full at all times.
- Recommended pH for most leafy green varieties is 6.
- Remember 1 to 1 ratio for nutrient A and B.
- To calculate your target PPM, take a baseline reading of your water and ADD 700 to that number.

_____ (Baseline Measurement)

+ 700

= _____ Target PPM

Have questions or concerns about growing in the Flex Farm?

Visit: www.forkfarms.com/support | Contact: support@forkfarms.com

