



Flex Farm Plant Variety Recommendations

A high-quality lettuce mix can be achieved by growing varieties of different textures, sizes and colors. For example, a combination of Green Star, Green Sweet and Red Oak will give you a nice large leaf, a sweet crunch and an attractive red. Get creative!

Fork Farms currently provides Green Star lettuce seeds in Supply Kits. If you are interested in purchasing additional seeds, [Johnny's Selected Seeds](#) is a reliable source for a wide variety of high-quality seeds. We highly recommend using pelleted seeds whenever possible. Pelleted seeds are easier to handle and the clay coating provides extra moisture to the seed so it doesn't dry out. They are definitely worth the additional investment!

Lettuce Varieties

- Green Star - Green Leaf
- Starfighter - Green Leaf
- Tropicana - Green Leaf
- Ruby Sky - Red Leaf
- Green Butter - Salanova
- Green Incised - Salanova
- Green Oak - Salanova
- Green Sweet - Salanova
- Red Butter - Salanova
- Red Incised - Salanova
- Red Oak - Salanova
- Red Sweet Crisp - Salanova
- Adriana - Butterhead
- Rex - Butterhead
- Rouxai - Oakleaf
- Coastal Star - Romaine
- Monte Carlo - Romaine
- Thurinius - Romaine
- Cherokee - Summer Crisp
- Muir - Summer Crisp
- Butter Crunch - Heritage

Other Plant Varieties

- Basil
- Cherry Tomatoes
- Cilantro
- Collard Greens
- Hungarian Hot Wax Peppers
- Kale
- Marigolds
- Mint
- Parsley
- Pumpkins
- Spinach
- Strawberries
- Tarragon